

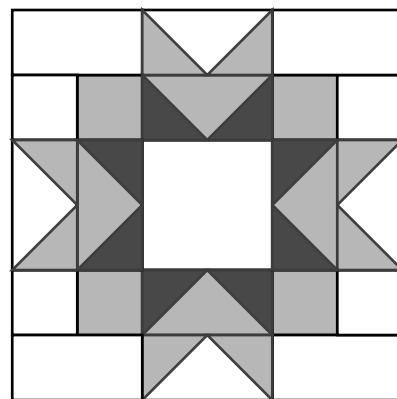
# Block 1/25

## The Kitchen Table

### Grandma's Kitchen Challenge

Hosted by Pat Sloan At [Ilovetomakequilts.com](http://Ilovetomakequilts.com)

The most important item in Grandma's kitchen is the Table. That table is the heart of her kitchen. I can vividly remember the tables of both my grandmother's home's & both my great grandmother's... along with my own mom's kitchen tables.



**SQUARE Block to 12.5" x 12.5"**

Finished in the quilt is Size 12"

Stories are swapped, lessons are learned, tears might have happened, and many hours of joyful fun occurred.

I can remember having breakfast as a little girl with my grandma at the kitchen table, I was very lucky to have both sets of grandparents well into adulthood.

As a teen and college kid we had great chats about growing up. After I was married we'd visit and talk about what it was like to be out in the real world, and maybe solve a few problem together. The kitchen table is where we ended up for each visit, it was much more than just a place to eat. Leave me a comment about your Grandma's Kitchen, I'd love to hear your stories!

My Grandma's Kitchen challenge runs - June 28, 2017 to Nov 22, 2017.

We will be making a quilt with 25 blocks... and Somewhere along this journey I'll give you a setting.

Enter your email to get the notice of each new block, and join my online group to can share with everyone!

## Cutting & Sewing

### Light Fabric

- Cut 1 square 4.5" x 4.5"
- Cut 8 rectangles 2.5" x 4.5"
- Cut 4 squares 2.5" x 2.5"

### Medium Fabric

- Cut 4 rectangles 2.5" x 4.5"
- Cut 12 squares 2.5" x 2.5"

### Dark Fabric

- Cut 8 squares 2.5" x 2.5"

### See my Book

**"Pat Sloan's Teach Me to Sew Triangles"  
For Step by Step photos of making  
Flying Geese unit.**

**I also gives you methods to make more  
than one Flying Geese at a time.**

**Diagrams for making the block follow**

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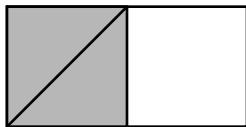
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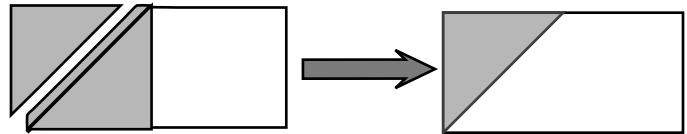
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## Directions

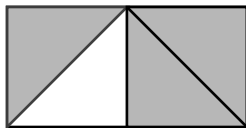
1) Following the diagram place the medium 2.5" square on the light rectangle, right sides together  
Sew ON the line.  
Make 4



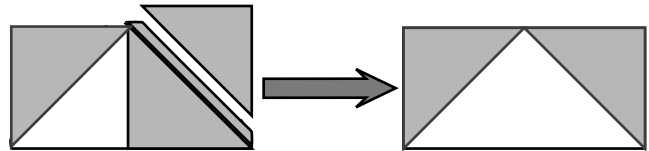
2) Following the diagram trim away the outer side leaving a 1/4" seam allowance.  
Trim 4  
Press triangles open  
Measures 2.5" x 4.5"



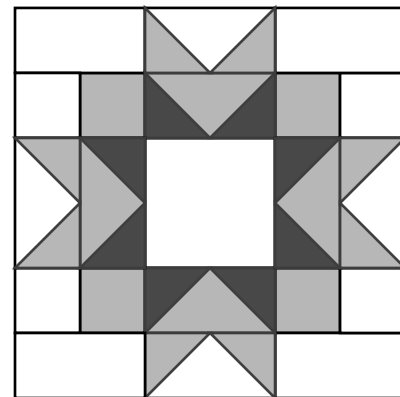
3) Following the diagram place another medium 2.5" square on the unit right sides together  
Sew ON the line.  
Make 4



4) Following the diagram trim away the outer side leaving a 1/4" seam allowance.  
Trim 4  
Press triangles open  
Make 4  
Measures 2.5" x 4.5"



5) Following steps 1-4 ... place a dark 2.5" square on the medium rectangle, right sides together  
Make 4  
Measures 2.5" x 4.5"



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## Directions

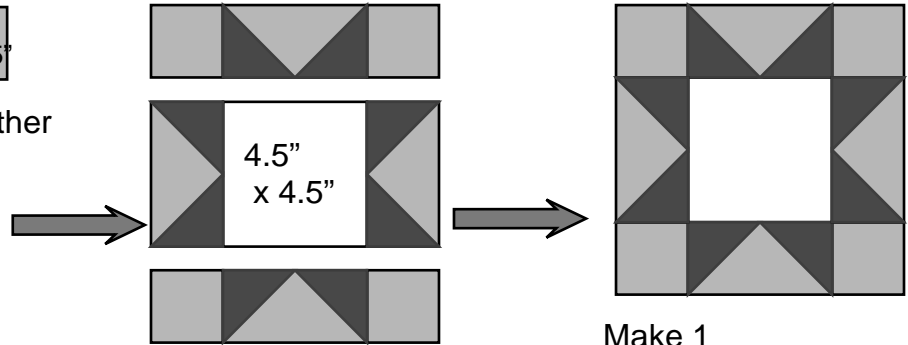
6) Following the Diagram assemble the inner star



Sew 2.5" squares to either side of a flying geese unit.

Make 2

Measures 2.5" x 8.5"



- Sew a flying geese unit to the sides of the square.
- Sew the geese/square units to the top & bottom

Make 1

Measures 8.5" x 8.5"

7) Following the Diagram assemble the side star points using a medium flying geese unit and 2 light squares

Make 2

Measures 2.5" x 8.5"



8) Following the Diagram assemble the top and bottom star points using a medium flying geese unit and 2 light rectangles

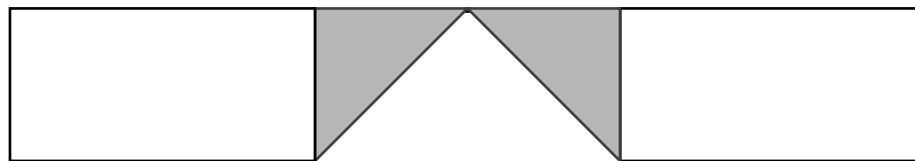
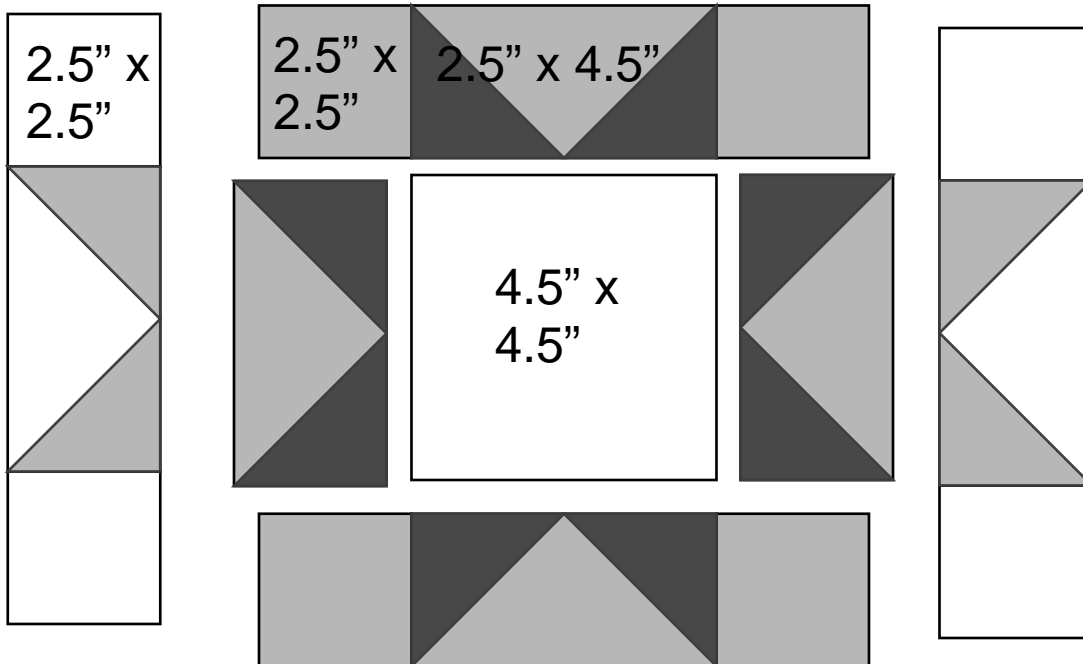
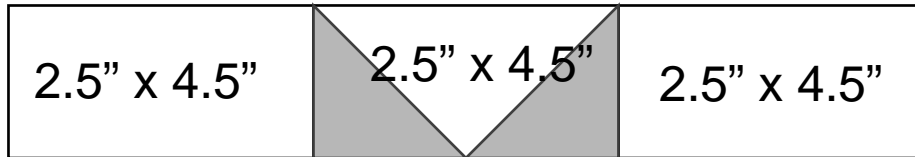
Make 2

Measures 2.5" x 12.5"



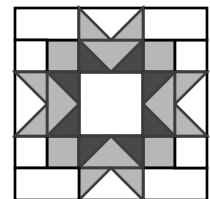
See next page  
to assemble the full block

# Cutting Sizes



**Square the Block to 12.5" x 12.5"**

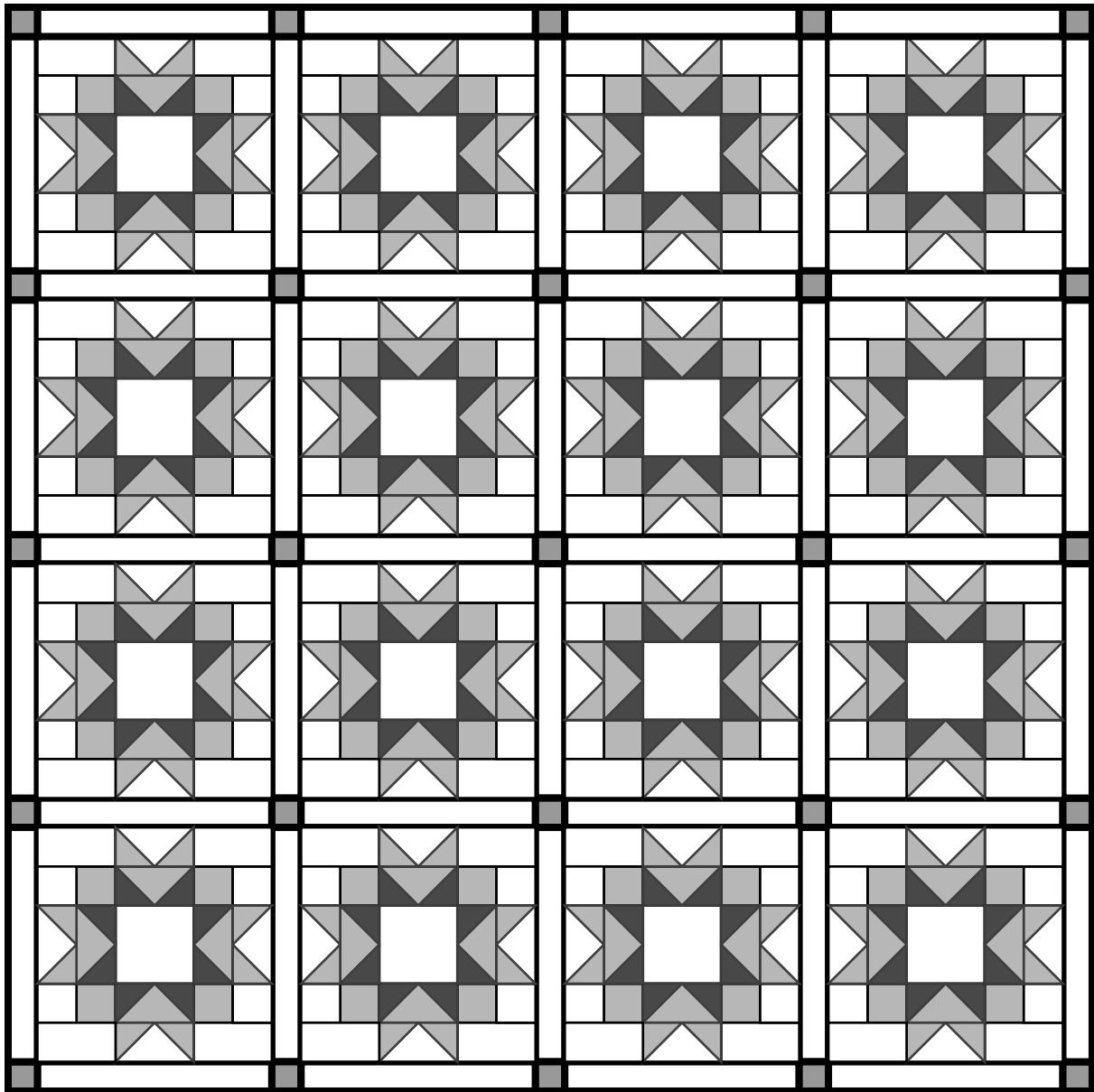
IN the Quilt it is finished size 12" x 12"



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**55.5" x 55.5" with sashings & corners**

Cut 40 light strips 2" x 12.5"

Cut 25 dark squares 2" x 2" for corner stones

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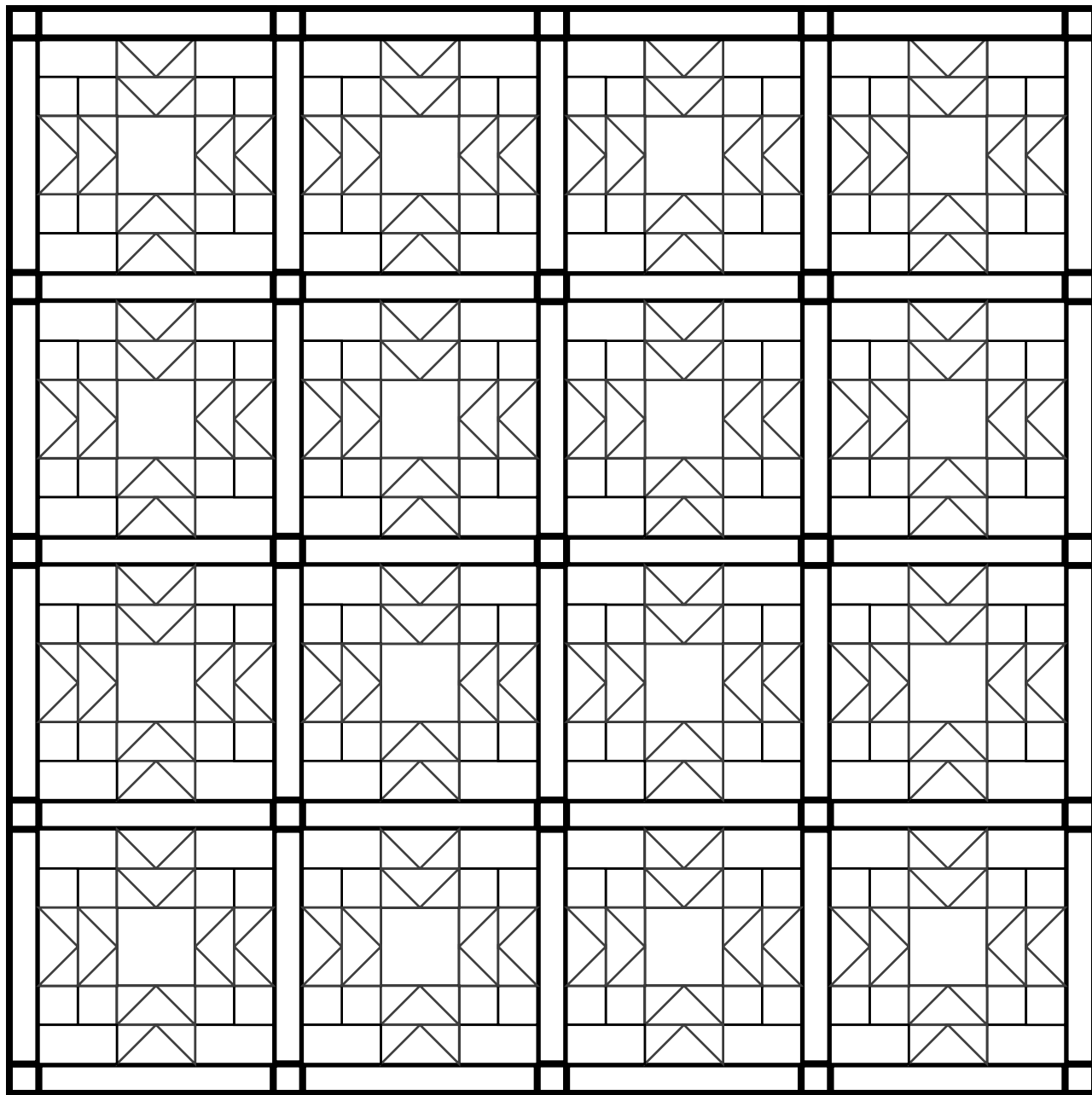
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**Have fun with my Coloring page for  
Laying out fabric colors!**

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