Our bedrooms are many things in our home. We think of it as a place to rest up for the next day, but it’s so much more. During the pandemic, did it become your office? Your gym? Family meeting spot? Maybe you read or even sew in your bedroom.

As a kid, my bedroom was my little universe. I did my homework, dreamed, decorated it, had friends sleep over, and I did NOT dust it, much to the dismay of my mom. When I visited my grandparents, the room I slept in had an old makeup vanity that I was fascinated with. To this day, I wish I had one!

No quilt makers in my family, so nobody had quilts. But they did have chenille bed covers, which I love!

Does your bedroom have a quilt?

Enter your email for my notice of each new block release & join my online group to share with everyone!

Cutting

**Light Fabric**
- Cut 1 square 5” x 5” for HST (Half square Triangle)
- Cut 3 squares 3” x 3” for HST (Half square Triangles)
- Cut 2 strips 2.5” x 4.5”
- Cut 2 squares 2.5” x 2.5”

**Medium Fabric**
- Cut 2 squares 3” x 3” for HST (Half square Triangles)

**Dark Fabric**
- Cut 1 square 5” x 5” for HST (Half square Triangles)
- Cut 1 square 3” x 3” for HST (Half square Triangles)

Directions

1) Sew a light 5” square and a dark 5” square using HST method on last page.

Make 2 units - one is not used in the quilt - you can make a bonus block for a mug rug!

Trim to 4.5” square

See my Book
“Pat Sloan’s Teach Me to Sew Triangles”
For Step by Step photos for all kinds of Triangle units
Directions

2) Using a light 3” squares and a medium 3” square using HST method on last page.  
Make a total of 4 units  
Trim to 2.5” square

3) Using a light 3” squares and a dark 3” square using HST method on last page.  
Make a total of 2 units  
Trim to 2.5” square

4) Following the diagram, sew a light 2.5” Square, 4 light/medium 2.5” HST and the,  
4.5” light/dark HST together  
Measures 6.5” x 6.5”  
Make 1

5) Following the diagram, sew the block using both the light strips, 1 light 2.5” square and both Light/dark 2.5” HST  
Measures to 8.5” x 8.5”  
Make 1

Block 15 – Sweet Dreams
Unfinished / CUTTING Sizes

See directions for more details

Block is 8.5” x 8.5”
In the Quilt it is finished size 8” x 8”

Block 15 – Sweet Dreams
Block 15 – Sweet Dreams
38.5” x 38.5” quilt
16 blocks -
Cut 24 sashing 2.5” x 8.5”
Cut 9 squares 2.5” x 2.5”
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Half Square Triangles Tutorial

NOTE- For other ways to make HST units, see my book “Pat Sloan’s Teach Me to Sew Triangles”

Step 1
- Draw a line on the back of all the lighter squares

Step 2
- Layer the 2 squares
- Sew a ¼” seam on both Sides of the drawn line

Step 3
Cut on the drawn Line for 2 HST

Step 4
- Trim squares to size needed using a square ruler with a diagonal line placed on the Seam.

See my Book
“Pat Sloan’s Teach Me to Sew Triangles”
For Step by Step photos and methods to make more at one time