How to Make Half Square Triangles

Sewing Half Square Triangles Units (HST)

- 1. Cut a light and dark square 1" bigger than the FINAL size of the HST unit. If the final size is 3", cut a 4" square. This method makes a slightly oversized block that you MUST trim to size when done. For this example you trim to a 3.5" square.
- 2. Each pair of light/dark squares makes TWO HST units.
- 3. Draw a diagonal line, as shown, on one square diagram (1).
- 4. Layer a light and a dark square with the right sides together.









- 5. Sew a seam 1/4" on each side of the drawn line (2).
- 6. Cut apart on the drawn line so you have two finished HST units (3).
- 7. Open each HST and iron to the darker side.
- 8. Trim the block to the size needed with a square ruler. Align the diagonal on the ruler along the seam of the block **(4)**.

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